

ROSEMOUNT COMMUNITY CENTRE ASSOCIATION

Programme: 26th August -

11th October 2024

7 week term

For enrolment please email
rosemountcca@gmail.com or pop in to the
centre and pick up a registration form.

More class details are on the website

<https://www.rcca.info>



Tutor Led Classes

			STANDARD / CONCESSION*
Monday	Art Group 1	10:00 - 13:00	£120/ £84 - 8 wk term
	Sewing Projects	18:00 - 20:30	£88/£61
	Young Peoples Sewing	18:00 - 20:00	£49
	Zumba	18:30 - 19:30	
	Contemporary Dance	19:15 - 20:45	£63/£44
	Tai Chi	19:30 - 21:00	£63/£44 NEW
Tuesday	Tai Chi	10:00 - 11:00	£42/£29 day change
	Kids Fitness Fun	16:00 - 17:30	£37
	Sewing Beginners	18:00 - 20:30	£88/£61
	Spanish 1 -Level A1	18:00 - 19:30	£53/£37
	Yoga	19:00 - 20:00	£35/£25
	Evening Art Group	19:00 - 21:00	£80/56 - 8 wk term
	Spanish 4 Level B1	19:00 - 20.30	£53/£37
Wednesday	Art Group 2	10:00 - 13:00	£120/£84 - 8 week term
	Pilates 1	17:30 - 18:30	£36/25
	Pilates 2	18:30 - 19:30	£36/25
	Kids Art Activities	17:30 - 19:00	£37
	Kids Art Projects	19:00 - 20:30	£37
	Spanish 3 Level A2	19:00 - 20:30	£53/£37
Thursday	Pilates 3	10:30 - 11:30	£36/25
	Stretch and Recover	17:00 - 18:00	£42/£29 NEW
	Spanish 5 Level B2	18:30- 20:00	£53/£37
	Yoga (long session)	18:45 - 20:15	£53/37
Friday	Art Group 3	09:30 - 12:00	£88/£61

*Concessionary rate applies to students, those aged 60+, and those in receipt of benefits

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Our self supporting groups, where you are welcome to come and join in with others with the same interests. You will find more detailed information about each group on our website. **All sessions cost £2.00**

Monday	Crafting 1	18:00 - 21:00	
	Creative Writing	19:30 - 21:00	
Tuesday	Stitchers 1	10:00 - 13:00	
	Chapel Chimers	10:30 - 12:00	
	Learig Orchestra	19:30 - 21:30	www.learig.org.uk
Wednesday	Knit & Natter (Fortnightly)	10:00 - 12:00	
	Crochet and Company	10:00 - 12:00	
	Table Tennis	09:30 - 11:00	time change
	Rackets and Bats	13:00 - 16:00	NEW
	Book Group	19:30 - 21:00	Last week of the month
Thursday	Forget me Not...		
	Life Partner Loss Group	10:00 - 12:00	NEW
	Rackets and Bats	13:00 - 16:00	NEW
	Stitchers 2	18:00 - 21:00	
	Crafting 2	18:00 - 21:00	

Forget me Not... Life Partner Loss Group A new group which will be developed by those attending to create a safe and supportive space for all. No matter how recent or distant a loss is all are welcome, grief has no time limit.

Rackets and Bats - A group of enthusiastic badminton and table tennis players who use the time, space and activity to support each other and their own physical and mental health. They are happy to welcome new members and opponents!

Creative Writing the only group that has a tutor Bob who gives his time and enthusiasm to lead this group to expand their skills and perhaps try something new.

Craft Groups we have various groups that have a love of a variety of craft activities and enjoy meeting with like-minded people to share their knowledge and enthusiasm, all are welcome to bring the project they are working on from patchwork to painting by numbers, taking joy in creating is the most important thing.

Chapel Chimers are a group of 'senior' ladies who meet to make music using hand chimes. No musical ability is required but the ability to count to 3,4 or sometimes 6 and being able to keep time is useful!

Table Tennis The group is being run by the Aberdeen & District Table Tennis Association and a coach will be on hand to provide support and guidance.

Learig Orchestra Our friendly community orchestra's repertoire is generally classical and new players are welcomed in almost all sections see <https://www.learig.org.uk> for more information.