## ROSEMOUNT COMMUNITY CENTRE ASSOCIATION

Programme: 27th October 12th Decemberber 2025
7 week term

For enrolment please email rosemountcca@gmail.com or pop in to the centre and pick up a registation form.

More class details are on the website https://www.rcca.info phone number 07443657741



## **Tutor Led Classes**

高頭			STANDARD / CONCESSION*
Monday	Art Group 1 Chair Yoga Sewing Projects	10:00 - 13:00 13:30 - 14:30 18:00 - 20:30	£108/£76 £36/£25 £90/£63
	Dance Fitness	18:00 - 19:00	£43/£30
	Young Peoples Sewing	18:00 - 20:00	£50
	Contemporary Dance	19:15 - 20:45	£65/£46
	Tai Chi	19:30 - 21:00	£65/£46
	Tai Chi	10:00 - 11:00	£43/£30
Tuesday	Kids Fitness Fun	16:00 - 17:30	£38
	Sewing Beginners	18:00 - 20:30	£90/£63
	Spanish 2 -Level A1+	18:00 - 19:30	£54/£38
	Spanish 1 -Level A1	19:30 - 21:00	£54/£38
	Yoga	19:00 - 20:00	£36/£25
	Evening Art Group	19:00 - 21:00	£72/£50
	Spanish 4 Level B1	19:00 - 20.30	£54/£38
Wednesday	Art Group 2	10:00 - 13:00	£108/£76
	Pilates 1	17:30 - 18:30	£43/£30
	Pilates 2	18:30 - 19:30	£43/£30
	Kids Art Activities	17:30 - 19:00	£38
	Kids Art Projects	19:00 - 20:30	£38
	Spanish 3 Level A2	19:00 - 20:30	£54/£38
	Pilates 3	10:30 - 11:30	£43/£30
Thursday	Stretch and Recover	17:30 - 18:30	£43/£30
	Spanish 5 Level B2	18:30- 20:00	£54/£38
	Yoga (long session)	18:45 - 20:15	£54/£38
Friday	Art Group 3	09:30 - 12:00	£90/£63

<sup>\*</sup>Concessionary rate applies to students, those aged 60+, and those in receipt of benefits

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Our self supporting groups, where you are welcome to come and join in wiith others with the same interests. You will find more detailed information about each group on our website. **All sessions cost £2.50** 

	Website, Impercial Cost 22.00			
Monday	Crafting 1 Creative Writing	18:00 - 21:00 19:30 - 21:00	回路回	
	Creative writing	15.50 21.00		
	Stitchers 1	10:00 - 13:00		
Tuesday	Chapel Chimers	10:30 - 12:00	国 (123 <b>0</b> )系	
	Old to New repairs/alteration	ns 14:00 - 16:00	$2^{nd}$ and $4^{th}$ Week of month	
	Learig Orchestra	19:30 - 21:30	www.learig.org.uk	
Wednesday	Knit & Natter (Fortnightly)	10:00 - 12:00	Starting 29 <sup>th</sup> October	
	Crochet and Company	10:00 - 12:00		
	Table Tennis	09:30 - 11:00		
	Book Group	19:30 - 21:00	Last week of the month	
	Forget me Not			
Thursday	Life Partner Loss Group	10:00 - 12:00		
	Racketeers	13:30 - 16:00		
	Stitchers 2	18:00 - 21:00		
	Crafting 2	18:00 - 21:00		
Friday	Table Tennis	9:30 - 11:00		

Forget me Not... Life Partner Loss Group A group which is being developed by those attending to create a safe and supportive space for all. No matter how recent or distant a loss is all are welcome.. Racketeers - A group of enthusiastic badminton players who use the time, space and activity to support each other and their own physical and mental health. They are happy to welcome new members and opponents!

**Creative Writing** the only group that has a tutor Bob who gives his time and enthusiasm to lead this group to expand their skills and perhaps try something new.

**Craft Groups** we have various groups that have a love of a variety of craft activities and enjoy meeting with like-minded people to share their knowledge and enthusiasm, all are welcome to bring the project they are working on from patchwork to painting by numbers, taking joy in creating is the most important thing. Also the Mending and alterations group that meets fortnightly

**Chapel Chimers** are a group of 'senior' ladies who meet to make music using hand chimes. No musical ability is required but the ability to count to 3,4 or sometimes 6 and being able to keep time is useful!

**Table Tennis** The group is being run for us by the Aberdeen & District Table Tennis Association and a coach will be on hand to provide support and guidance.

**Learig Orchestra** Our friendly community orchestra's repertoire is generally classical and new players are welcomed in almost all sections see https://www.learig.org.uk for more information.