

ROSEMOUNT COMMUNITY CENTRE ASSOCIATION

Programme: 15th April -
5th July 2024
12 week term

For enrolment please email
rosemountcca@gmail.com
or pop in to the centre
and pick up a form.
More class details are
on the website



			STANDARD / CONCESSION*
Monday No Classes on Monday 6th May	Art Group 1 FULL	10:00 - 13:00	£165 / £116
	Sewing Projects	18:00 - 20:30	£125/ £88 10 wk term
	Young Peoples Sewing	18:00 - 20:00	£77
	Crafting 1	18:00 - 21:00	£2 / session
	Zumba	18:30 - 19:30	£66/46
	Creative Writing	19:30 - 21:00	£2 / session
	Contemporary Dance	19:30 - 21:00	£99 / £70
Tuesday	Patchwork & Quilting 1	10:00 - 13:00	£2 / session
	Chapel Chimers	10:30 - 12:00	£2 / session
	Kids Fitness Fun NEW	16:00 - 17:30	£63
	Sewing Beginners	18:00 - 20:30	£150/ £105
	Yoga	19:00 - 20:00	£60/ £42
	Evening Art Group	19:00 - 21:00	£100 / 70 10 wk term
	Spanish 4 Level B1	19:00 - 20.30	£83 / £58 11 wk term
	Learig Orchestra	19:30 - 21:30	www.learig.org.uk
Wednesday	Art Group 2	10:00 - 13:00	£150/ £105
	Knit & Natter (Fortnightly)	10:00 - 12:00	£2/ session
	Crochet and Company	10:00 - 12:00	£2/ session
	Table Tennis NEW	10:00 - 11:30	£2/ session
	Tai Chi	10:00 - 11:00	£60/42 starts 1st May
	Pilates 1	17:30 - 18:30	£72/50
	Pilates 2	18:30 - 19:30	£72/50
	Kids Art Activities	17:30 - 19:00	£63
	Kids Art Projects	19:00 - 20:30	£63
	Spanish 1 Level A1	18:30 - 20:00	£90/£63
	Spanish 3 Level A2	19:00 - 20:30	£90/£63
	Book Group (Monthly)	19:30 - 21:00	£2 / session
Thursday	Pilates 3	10:30 - 11:30	£72/50 12 wk price
	Spanish 2 Level A1+	18:30- 19:30	£90/£63
	Spanish 5 Level B2	18:00 - 19.30	£75/53 10 wk term
	Yoga (long session)	18:45 - 20:15	£90/63
	Patchwork & Quilting 2	18:00 - 21:00	£2 / session
	Crafting 2	18:00 - 21:00	£2 / session
Friday	Art Group 3	09:30 - 12:00	£150/105

*Concessionary rate applies to students, those aged 60+, and those in receipt of benefits

New Classes

We have added a class to our offering for the youngsters

Kids Fitness Fun - Tuesday 4:00 - 5:30 pm

A fun class designed to build confidence, skills and fitness. This class open to 5 - 16-year-olds with a maximum of 12 in the class. The focus on fun while introducing the skills that can be transferred to specific sports if the young person decides that they want to give something a try. With a bit of circuits and a bit of athletics and some jiu jitsu drills thrown into the mix.

Table Tennis - Wednesday 10:00 - 11:30 am

At last we can start our Table Tennis sessions! The group is being run by the Aberdeen & District Table Tennis Association and a coach will be on hand to provide support and guidance. Table tennis is such an accessible pass-time we are sure that it will be very popular with young, old experienced players and newbies!



MONDAYS
19:30-21:00

CONTEMPORARY DANCE
TECHNIQUE & IMPROV



adults **SPATIAL FLOW**

Spatial Flow is a Release Contemporary Dance class, suitable for everyone who needs a touch of the dancing groove and artistic expression in their everyday life and workout routine.

Our dance class is up and running but it is not too late to join the fun. They are a small friendly group who just want to have an enjoyable time staying/getting fit and expressing themselves