

ROSEMOUNT COMMUNITY CENTRE ASSOCIATION

Programme: 24th August-
9th October 2026
7 week term

For enrolment please email
rosemountcca@gmail.com or pop in to the
centre and pick up a registration form.
More class details are on the website
<https://www.rcca.info>
phone number 07443657741



Tutor Led Classes

			STANDARD / CONCESSION*
Monday	Art -Donna	10:00 - 13:00	£110/£77
	Chair Yoga	14:00 - 15:00	£37/£26 NEW
	Sewing Projects	18:00 - 20:30	£92/£64
	Dance Fitness	18:00 - 19:00	£44/£31
	Young Peoples Sewing	18:00 - 20:00	£52
	Spanish Level 1	18:30 - 20:00	£55/£39
	Contemporary Dance	19:15 - 20:45	£66/£46
	Tai Chi - beginners	18:30 - 19:30	£44/£31
	Tai Chi	19:30 - 21:00	£66/£46
Tuesday	Tai Chi	10:00 - 11:00	£44/£31
	Art - Jenny	10:00 - 13:00	£110/£77 NEW
	Sewing Beginners	18:00 - 20:30	£103/£72
	Spanish - Level 3	18:00 - 19:30	£55/£39
	Spanish -Level 2	19:30 - 21:00	£55/£39
	Yoga	19:00 - 20:00	£37/£26
	Evening Art Group	19:00 - 21:00	£74/£51
	Spanish Conversation NEW	19:00 - 20:30	£55/£39 Grasp of grammar required
Wednesday	Art - Susan	10:00 - 13:00	£110/£77
	Pilates 1 open to all levels	17:30 - 18:30	£44/£31
	Pilates 2 open to all levels	18:30 - 19:30	£44/£31
	Project Class - Sashiko Rice Bag	18:00 - 20:30	£81/£55 - 6 wks 2 nd Sept
	Kids Art Activities	17:30 - 19:00	£39
	Kids Art Projects	19:00 - 20:30	£39
	Spanish - Level 5	17:30 - 19:00	£55/£39
	Spanish - Level 4	19:00 - 20:30	£55/£39
Thursday	Pilates 3 open to all levels	10:30 - 11:30	£44/£31
	Power Fit	18:30 - 19:30	£44/£31 NEW £86/£60
	Stretch and Recover	19:45- 20:45	£49/£35 for both classes
	Yoga (long session)	18:45 - 20:15	£55/£39
Friday	Art Group	09:30 - 12:00	£92/£64

*Concessionary rate applies to students, those aged 60+, and those in receipt of benefits

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Our self supporting groups, where you are welcome to come and join in with others with the same interests. You will find more detailed information about each group on our website.

All sessions cost £2.50

Monday	Crafting 1	18:00 - 21:00	
	Creative Writing	19:30 - 21:00	
Tuesday	Stitchers 1	10:00 - 13:00	
	Chapel Chimers	10:30 - 12:00	
	Old to New repairs/alterations	14:00 - 16:00	2 nd and 4 th Week of month
	Learig Orchestra	19:30 - 21:30	www.learig.org.uk
Wednesday	Knit & Natter (Fortnightly)	10:00 - 12:00	
	Crochet and Company	10:00 - 12:00	
	Table Tennis	09:30 - 11:00	
	Book Group	19:30 - 21:00	Last week of the month
Thursday	Forget me Not...		
	Life Partner Loss Group	10:00 - 12:00	
	Racketeers	13:30 - 16:00	
	Stitchers 2	18:00 - 21:00	
	Crafting 2	18:00 - 21:00	

Creative Writing the only group that has a tutor Bob who gives his time and enthusiasm to lead this group to expand their skills and perhaps try something new.

Forget me Not... Life Partner Loss Group A group which is being developed by those attending to create a safe and supportive space for all. No matter how recent or distant a loss is all are welcome..

Chapel Chimers are a group of 'senior' ladies who meet to make music using hand chimes. No musical ability is required but the ability to count to 3,4 or sometimes 6 and being able to keep time is useful!

Craft Groups we have various groups that have a love of a variety of craft activities and enjoy meeting with like-minded people to share their knowledge and enthusiasm, all are welcome to bring the project they are working on from patchwork to painting by numbers, taking joy in creating is the most important thing. Also the Mending and alterations group that meets fortnightly

Table Tennis The groups is being supported for us by the Aberdeen & District Table Tennis Association and a coach will be on hand to provide support and guidance.

Racketeers - A group of enthusiastic badminton players who use the time, space and activity to support each other and their own physical and mental health. They are happy to welcome new members and opponents!

Learig Orchestra Our friendly community orchestra's repertoire is generally classical and new players are welcomed in almost all sections see <https://www.learig.org.uk> for more information.